

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: CNBA

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: NAILI Karim

Coaches: CREPIN Rémi

Coaches: DOLYAN Georgy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 50M BACKSTROKE MEN 15+				Heat:2, starttime: 09:27
Heat: 2/13 Lane : 2 Athlete: AROKIUM LUCA				Q-time: 00:31:07
PB (50m pool): 00:31.07 Lago Kortrijk Weide 03/05/2026				PB (25m pool): 00:32.87 SB: 00:31.07 Lago Kortrijk Weide 03/05/2026
PB	5 0 M			
	00:31.07			
	00:31.07			
				

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:6, starttime: 09:59
Heat: 6/10 Lane : 2 Athlete: HARTITI MAISSANE					Q-time: 02:15:56
PB (50m pool): 02:15.56 Antwerpen 27/07/2025					PB (25m pool): 02:18.94 SB: 02:16.37 Olympic Pool Wezenberg, Antwer 29
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
	00:31.24	01:05.83	01:41.01	02:15.56	
	00:31.24	00:34.59	00:35.18	00:34.55	
					

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:9, starttime: 10:08
Heat: 9/10 Lane : 2 Athlete: CAVADINI CAROLINE					Q-time: 02:08:74
PB (50m pool): 02:08.40 Antwerpen 21/04/2024					PB (25m pool): 02:04.33 SB: 02:13.42 Olympic Pool Wezenberg, Antwer 29
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
	no time	no time	no time	02:08.40	
	no time				
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE WOMEN 15+			Heat:3, starttime: 10:33
Heat: 3/12 Lane : 2 Athlete: MERKOURAKI MICHELLE			Q-time: 01:13:35
PB (50m pool): 01:13.35 MOUSCRON 25/05/2026			PB (25m pool): 01:14.17 SB: 01:13.35 MOUSCRON 25/05/2026
	5 0 M	1 0 0 M	
PB	00:35.83	01:13.35	
	00:35.83	00:37.52	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+			Heat:8, starttime: 10:44
Heat: 8/12 Lane : 1 Athlete: VANDEN BROECK JANA			Q-time: 01:10:72
PB (50m pool): 01:10.86 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 01:09.87 SB: 01:10.86 Lago Kortrijk Weide 03/05/2026
	5 0 M	1 0 0 M	
PB	00:34.44	01:10.86	
	00:34.44	00:36.42	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+			Heat:11, starttime: 10:50
Heat: 11/12 Lane : 1 Athlete: MERCIER SOPHIE			Q-time: 01:08:29
PB (50m pool): 01:08.29 Antwerpen 17/05/2026			PB (25m pool): 01:09.35 SB: 01:08.29 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:33.93	01:08.29	
	00:33.93	00:34.36	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:1, starttime: 10:55
Heat: 1/22 Lane : 4 Athlete: SARKISIAN ARTHUR			Q-time: 00:59:93
PB (50m pool): 00:59.93 Charleroi 24/05/2026			PB (25m pool): 01:08.52 SB: 00:59.93 Charleroi 24/05/2026
	5 0 M	1 0 0 M	
PB	00:29.06	00:59.93	
	00:29.06	00:30.87	
			

Coach feedback:

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Event number: 24: 100M FREESTYLE MEN 15+			Heat:2, starttime: 10:56
Heat: 2/22 Lane : 4 Athlete: VAN SLYCKE MAX			Q-time: 00:59:73
PB (50m pool): 00:59.73 Charleroi 24/05/2026			PB (25m pool): 01:07.34 SB: 00:59.73 Charleroi 24/05/2026
	5 0 M	1 0 0 M	
PB	00:28.62	00:59.73	
	00:28.62	00:31.11	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:4, starttime: 10:59
Heat: 4/22 Lane : 8 Athlete: AROKIU LUCA			Q-time: 00:58:71
PB (50m pool): 00:58.71 MOUSCRON 25/05/2026			PB (25m pool): 01:01.42 SB: 00:58.71 MOUSCRON 25/05/2026
	5 0 M	1 0 0 M	
PB	00:28.12	00:58.71	
	00:28.12	00:30.59	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:7, starttime: 11:04
Heat: 7/22 Lane : 4 Athlete: MUFFKE JANTO			Q-time: 00:57:77
PB (50m pool): 00:57.77 Olympic Pool Wezenberg, Antwer 29/07/2025			PB (25m pool): 00:59.33 SB: 00:57.77 Olympic Pool Wezenberg, Antwer 29/07/2025
	5 0 M	1 0 0 M	
PB	00:27.62	00:57.77	
	00:27.62	00:30.15	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:13, starttime: 11:13
Heat: 13/22 Lane : 5 Athlete: CUNI ALVIERO			Q-time: 00:56:22
PB (50m pool): 00:56.22 Kortrijk 04/05/2025			PB (25m pool): 00:57.25 SB: 00:56.52 Charleroi 24/05/2026
	5 0 M	1 0 0 M	
PB	00:27.68	00:56.22	
	00:27.68	00:28.54	
			

Coach feedback:

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Event number: 24: 100M FREESTYLE MEN 15+			Heat:18, starttime: 11:20
Heat: 18/22 Lane : 7 Athlete: TOPBAG SAMI			Q-time: 00:54:78
PB (50m pool): 00:54.78 Antwerpen 17/05/2026			PB (25m pool): 00:53.38 SB: 00:54.78 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:25.83	00:54.78	
	00:25.83	00:28.95	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:19, starttime: 11:21
Heat: 19/22 Lane : 6 Athlete: CONTENT ELIE			Q-time: 00:53:96
PB (50m pool): 00:53.96 Antwerpen 17/05/2026			PB (25m pool): no time SB: 00:53.96 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:25.27	00:53.96	
	00:25.27	00:28.69	
			

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:5, starttime: 11:52
Heat: 5/12 Lane : 7 Athlete: MUFFKE JANTO			Q-time: 00:32:66
PB (50m pool): 00:32.66 Charleroi 15/02/2026			PB (25m pool): 00:34.22 SB: 00:32.66 Charleroi 15/02/2026
	5 0 M		
PB	00:32.66		
	00:32.66		
			

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+			Heat:5, starttime: 12:05
Heat: 5/17 Lane : 6 Athlete: PIT ILARIA ANAMARIA			Q-time: 00:31:62
PB (50m pool): 00:31.62 Olympic Pool Wezenberg, Antwer 29/03/2026			PB (25m pool): 00:31.35 SB: 00:31.62 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M		
PB	00:31.62		
	00:31.62		
			

Coach feedback:

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Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:9, starttime: 12:09	
Heat: 9/17 Lane : 5 Athlete: GODDÉ LIESBETH				Q-time: 00:30:95	
PB (50m pool): 00:30.95 Olympic Pool Wezenberg, Antwer 29/07/2025				PB (25m pool): no time SB: 00:30.95 Olympic Pool Wezenberg, Antwer 29/07/2025	
	5 0 M				
PB	00:30.95				
	00:30.95				
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:14, starttime: 12:14	
Heat: 14/17 Lane : 5 Athlete: HARTITI MAISSANE				Q-time: 00:29:60	
PB (50m pool): 00:29.60 Antwerpen 27/07/2025				PB (25m pool): 00:29.11 SB: 00:29.82 Antwerpen 17/05/2026	
	5 0 M				
PB	00:29.60				
	00:29.60				
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:16, starttime: 12:16	
Heat: 16/17 Lane : 2 Athlete: CAVADINI CAROLINE				Q-time: 00:28:73	
PB (50m pool): 00:29.03 Olympic Pool Wezenberg, Antwer 24/07/2025				PB (25m pool): 00:28.81 SB: 00:29.97 Olympic Pool Wezenberg, Antwer 29/07/2025	
	5 0 M				
PB	00:29.03				
	00:29.03				
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:10, starttime: 12:46	
Heat: 10/19 Lane : 2 Athlete: MUFFKE JANTO					Q-time: 02:23:65	
PB (50m pool): 02:23.65 Lago Kortrijk Weide 03/05/2026					PB (25m pool): no time SB: 02:23.65 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:28.97	01:07.94	01:50.92	02:23.65		
	00:28.97	00:38.97	00:42.98	00:32.73		
						

Coach feedback: